



**Torrey Pines
Ski Club**

YEAR ROUND SPORTS & SOCIAL CLUB

We Live Mid-Life to the Max!

Find us on the web at www.tpscscd.org

APRIL 2010

**48th ANNIVERSARY
1962-2010**

President's Corner



We have a few members, although not officers, who always come up with ideas for new activities. Bonnie Grim is one of these members. Bonnie was born and raised in Stevens Point, Wisconsin. She graduated from Maria High, an all-girl's Catholic High School. She received a BS in Sociology from the University of Wisconsin at Stevens Point.

After graduation, Bonnie got married, worked a short while in banking, then spent the next chapter of her life raising two children and taking care of her aging relatives. During these years Bonnie lived with her family in Dallas, New York, Chicago, and then back to Stevens Point. As her responsibilities were winding down, Bonnie returned to UWSP and earned her Masters Degree in Dietetics and Nutrition.

In 1997 Bonnie decided to move to San Diego. Her first job was with Jewish Family Services. She is now a Geriatric Care Manager with Elder Care Guides.

Bonnie learned to ski as a child in Wisconsin at Rib Mountain, an area near Stevens Point. She also skied at Iron Mountain in Michigan's Upper Peninsula and skied with her family while her children were growing up.

In 2000, Bonnie heard about Torrey Pines Ski Club from members she met and decided to join. She has served the club as Secretary and Vice President. In addition she has led our bowling tournaments, led groups to the Del Mar Races, and organized a group trip to the night club "LIPS" and to the "House of Blues" for their Gospel Brunch. We are lucky to have members like Bonnie who enjoy contributing to the success of the Torrey Pines Ski Club.

Volunteers Needed

IT IS TIME TO THINK ABOUT THE 2010-2011 OFFICER POSITIONS

Working as a volunteer for the club is fun and rewarding. It gives one an opportunity to meet so many new friends.

- Would you like to be a part of the Torrey Pines Board?
- What positions are you interested in holding for the 2010-2011 year?

Please submit your name, address, phone or email to anyone on the TPSC Board or send your name to our Torrey Pines address: Torrey Pines Ski Club, PO Box 82087, San Diego, CA 92138-2087. (torreypinesski@aol.com)



Bocce in Borrego Weekend

**THE ROADRUNNER CLUB
1010 PALM CANYON DRIVE
SATURDAY, APRIL 17 AND 18, 2010
MEET AT 12:00 NOON
RSVP A MUST**



Join your fellow TPSC gang for a weekend in the beautiful Anza Borrego Desert State Park. We will meet at the Sports Complex of the Road Runner Club at 1010 Palm Canyon Drive on Saturday, April 17 at noon. There will be plenty of activities to keep us playing – tennis, bocce ball, horse shoes, croquet, paddle ball or golf. You may bring your bike for a nice flat ride around the park, if that is your preferred activity. Bring some snacks and BYOB for happy hour under the palapa at 5:00 PM before we go into town for dinner. If we get enough RSVPS', I will make a group reservation at a nice restaurant over looking the golf course.

The following is a list of places to stay overnight with phone numbers to **contact them on your own**: Borrego Springs Resort 760-767-5700; Palm Canyon Resort and RV Park 760-767-5341; The Palms at Indian Head 760-767-7788; Hacienda del Sol 760-767-5442; The Springs at Borrego RV Park 760-767-0004.

Also, if you have a self-contained RV, you can camp for free anywhere in the Park. Borrego Springs Resort is offering discounted rates if we can get at least six room and you mention TPSC when you call.

RSVP to Tom Rothenburg 619-990-0472



We have something new...

...Buy your Ski Pole Flag



New Member

Charles Hansing



The 50/50 winner at the March General Meeting was Judy Yip

JUST FOR FUN

Senior Monday at the Reuben H. Fleet Science Center
1875 EL PRADO (BALBOA PARK)
MONDAY, APRIL 5, 2010
\$6.00 ENTRANCE FEE (FOR SENIORS ABOVE 65)
12:30 PM LECTURE
2:00 PM IMAX FILM
619-238-1233 X 808



Visit this wonderful museum on the quietest day of the month and receive a fabulous discount! Join scientists from around the country to learn about a variety of topics as they share the latest information. The lecture takes place in the William and Grayson-Boehm Community Forum at 12:30 PM...this month on **Earthquakes**. 2:00 PM IMAX Film-**Forces of Nature**.

***Programs are subject to change.**
Barbara Shramek 619-286-1250 bshramek@aol.com

Tecolote Canyon Walk with Brad and Louise
TECOLOTE CANYON NATURE CENTER (858-581-9952)
5180 TECOLOTE ROAD
SATURDAY, APRIL 10, 2010
9:30 AM

Join Brad and Louise to view the beautiful spring flowers, especially our State flower the California Golden Poppy. The canyon should have spectacular color after the winter rain. The three mile level walk will begin and end at the Nature Center. Wear good walking shoes and don't forget to bring water.

Take the Sea World Dr/Tecolote Rd exit off I-5 and proceed east on Tecolote Road, beyond the baseball field, to the very end of the road. Park at the Nature Center (TG 1268 F2). Following the walk, we will go to Tio Leo's Mexican Restaurant, 5302 Napa, (619-542-1462) for a group meal. A few Mexican breakfast items are on the menu. Rain cancels.

Brad Davis & Louise Oliverio 858-569-9999 louise@louiseolive.com (cell 858-220-2336)



Explore North County
ELEPHANT BAR IN SAN MARCOS
OFF HWY I-78
105 SOUTH LAS POSAS ROAD
THURSDAY, APRIL 15, 2010
4:00 - 6:00 PM



Nancy Staehr and Vonnice Varner will be featuring a North County event about every three months. So...North County people, here is something for you. We will welcome you San Diego people also. First event will be at the Elephant Bar in San Marcos off Hwy I-78. Take Las Posas exit and find the Grand Plaza mall to the South. The Elephant Bar is on the west side of the mall. Join us April 15 from 4:00-6:00 PM in the Bar. Happy Hour menu includes items from \$3.00-\$6.00 as well as drink specials. Those wishing to stay for dinner may take advantage of the 20% discount on food. Join us for our first event.

Vonnice Varner 760-752-9401 vonnievm@gmail.com
Nancy Staehr 760-945-9988 nan.sta@cox.net

Bocce in Borrego Weekend at the Roadrunner Club SATURDAY, APRIL 17 AND 18, 2010 DETAILS ON PAGE 1

Ethnic Dining
PHO POINT LOMA
2788 MIDWAY DRIVE
TUESDAY, APRIL 20, 2010
6:30 PM

The ever popular PHO, Vietnamese noodle soup, is deliciously satisfying no matter what the season. Add a wide variety of appetizers, meats, seafood, rice and noodle dishes and you have an inexpensive, great meal. There is lots of parking. Please, let me know you're joining us.

Janet Spiro 619-291-1935 jspi@webtv.net



Happy Hour
SOLARE RISTORANTE & LOUNGE
2820 ROOSEVELT STREET IN
LIBERTY STATION
THURSDAY, APRIL 22, 2010
4:30 - 7:30 PM



We have found another new spot for our April Happy Hour. This is a very nice location with plenty of free parking. Happy Hour prices on appetizers (tapas), wine and domestic beers. I think we will enjoy this lovely spot. Join us and bring along a friend. Hope to see you there. Remember, I really appreciate new ideas!

Janet Hanson 858-278-9581 dublbunny@aol.com (cell 858-336-8396)

Day Bus Trip to Palm Springs
FRIDAY, JUNE 11, 2010
APPROXIMATELY \$30.00 - \$35.00
RESERVE BY END OF APRIL TO DEBBIE

The San Diego Ski Council is planning to run a bus trip over for the Far West Convention on Friday, June 11 during the Far West Ski Convention. On Friday they will be holding a Happy Hour, Silent Auction and there will be music/dancing. The event is from 6:30 - 8:30 PM. This is a free event and one drink is included. It will be a great chance to mingle with other ski club members from all the western states. The only cost would be for the bus which would be approximately \$30-35. It will be a great chance to view all the exhibits and vendors, see celebrity skiers which usually includes Billy the Kid and bid on great trips and packages. The bus would depart in mid to late afternoon and return after the event ends to San Diego. At this point they are trying to determine how many people would be interested. If you have an interest in this bus trip please let me know by the end of April. Thank you.



Debbie Schroeder 858-551-9651 debbieschr@aol.com

JUST FOR FUN

Padres Game (Padres vs. Houston)
PETCO PARK
SATURDAY, JULY 3, 2010
TAILGATE 2:30-4:30 PM
(TAILGATE IN SECTION J2-J3)
GAME TIME 5:35 PM
\$19.00



This is our annual Padres game with the big tailgate party at Qualcomm Stadium. The Padres are playing Houston. The seats are in the same section as last year. The tailgate party is from 2:30-4:30 PM in Section J2-J3 in the parking lot under the Trolley. Bring a dish to share and BYOB for the tailgate. There were approximately 200 people from other ski clubs at the event last year. The game starts at 5:35 PM. Our ticket price is \$2.00 less than face value at \$19.00. This is always a good time and the tickets will go quickly so send your check in early with a **SASE** to:

Debbie Schroeder, 2331 Darlington Row, La Jolla CA 92037
(cell 858-336-0887) debbieschr@aol.com



Ethnic Dining



*Those Were
the Days...*

APRIL BIKE RIDES

DAY/TIME	LEVEL	LUNCH	WHERE TO MEET	LEADER
Sat. April 3 10:00 AM	A 12	Hodad's	Bay to Beach Quivira Rd. Mission Bay front of seafood restaurant (TG 1268 A3)	Eileen Frame 858-569-0962
Sat. April 10 10:00 AM	A 12	Mitch's Hudson Bay Seafood	Bay to Broadway Bali Hai parking lot N Shelter Island (TG 1268 C3)	Mary Coates 858-453-5376
Sat. April 17 10:00 AM	A 12	Filippis 9669 Mira Mesa	Around Miramar Lake Meet in parking lot near restrooms (TG 1209 G3)	Kathy Hagenbach 858-485-5506
Sat. April 24 10:00 AM	A 12	Victor's	Bay Loop Parking lot north of Visitor Ctr, Mission Bay (TG 1248 D7)	Bob Tauber 858-875-1313



Bike Coordinator: Kathy Hagenbach 858-485-5506 khagen@att.net

Although helmets are not usually required, they are strongly recommended for all of our bike rides. We are always looking for volunteer leaders for the A and B rides. Please call Kathy Hagenbach, coordinator, (858-485-5506) if you are interested.

• SATURDAY A RIDES – MOSTLY FLAT • SUNDAY B RIDES – GENTLE HILLS • ALL STAR RIDES A AND B ARE OFFERED.

TG = Thomas Bros. Guide followed by coordinates. Please note in case of rain - call the bike leader listed above. Also the ride will depart 15 minutes after the meeting time.



San Diego Council of Ski Clubs

The FWSA Convention is coming up— June 10-13, 2010 – The Annual FWSA Convention will be held at the Renaissance Esmeralda Resort and Spa in Indian Wells. San Diego Council will host the 2010 Convention.

Hotel rates are \$139 for singles/doubles, pool view \$169.00, spa suite \$214.00 – make your reservation now at 800-446-9875 or 1-877-804-4070, or on the Internet: www.renaissanceesmeralda.com - group code is: FWSA

CONVENTION HIGHLIGHTS:

- Silent Auction, Travel Expo
- Celebrity Speakers
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Banquet & Dance
- FWSA General Meeting and Elections
- Snowsports Leadership Academy

Find the entire schedule of events at <http://www.fwsa.org>

FUN OPTIONAL ACTIVITIES:

- Pub Crawl – Celebrity Poker
- Drive –By Celebrity Home Tour
- Pool Party
- Spa Day
- Palm Springs Aerial Tram Ride & Hike and more
- Annual Michael German Memorial Golf Tournament



Racing Stripes

The San Diego Alpine League takes part in FWRA sanctioned Slalom and Giant Slalom races and all Torrey Pines are welcome to participate. All you need to do is fill out the necessary release and membership forms and show up. The club will take care of your membership and race fees.

The race schedule for this season, as voted on by the SDAL officers at their annual preseason meeting, is:

2010 CHAMPIONSHIPS- APRIL 10 AND 11, 2010 GS AND SL AT MAMMOTH

Note that sometimes schedule changes must be made, sometimes with very little notice.

This schedule and other info and updates can be found at: <http://www.skisandiego.org/sdal/>. If you would like to race or have questions contact: Laura Meldrum 858-483-7290 (cell 858-245-1641) lauragale@usms.org 1356 Pacific Beach Dr., San Diego, CA 92109.

Race Director

TPSC Shirts - Neck Wallets – Visors - Caps

We are now offering new style Torrey Pines shirts. They are \$19.00 each with the TPSC logo embroidered on them. For an additional \$4.00 you may also have your name embroidered. TPSC caps are \$10.00 and visors \$5.00. We still have some of the TPSC green shirts in various sizes at \$15.00 and the black neck wallets for \$5.00. Call or see Mike McCutcheon or Nance Thielen at the general meetings to order yours.

SOMETHING NEW! YOU COULD BE A WINNER!

Wear your Torrey Pines Ski Club shirt to a club sponsored event and you can be entered to win. Just pick up a ticket when you wear your shirt/or TPSC neck wallet and enter it into the drawing at the monthly meetings for great prizes. Drawings will be held every other month (next drawing in May) and there is no limit to the number of tickets you can enter to win. It's that easy!

We have something new...Ski Pole Flags. They are \$6.00 each.

Make checks payable to TPSC for any of the TPSC items.

Nance Thielen 858-695-0269 nthielen@ucsd.edu

Mike McCutcheon 858-748-5202 mmcc9000@aol.com

San Antonio Winery



Grammy Museum



Skiing at Vail



**PASS THIS
APPLICATION ON
TO A FRIEND!**



SASE = (Self Addressed Stamped Envelope)

Find us on the web at www.tpsc.org

Editor's e-mail: bjshramek@aol.com

Torrey Pines e-mail: torreypinesski@aol.com



Torrey Pines Ski Club

A California Non-Profit Corporation

Sign this application, with your dues check, to
Torrey Pines Ski Club, P.O. Box 82087, San Diego, CA 92138

Membership Application

Membership begins upon receipt of dues and approval of application and ends July 31st. **Full year dues are \$35. New members joining after April 1st pay \$15 for April-July 31st membership.** For more information, call 619-583-8832.

New Membership

Renewal

PRINT FIRST NAME	MIDDLE INITIAL	LAST NAME	()	AREA CODE	TELEPHONE: HOME
NUMBER	STREET	UNIT NUMBER			
CITY	STATE	ZIP			
E-MAIL					
CELL PHONE					
CHECK INTERESTS:					
() SKIING	() GOLF	() BOCCE BALL			
() BIKING	() TENNIS	() VOLUNTEER			
() OTHER					
			SIGNATURE	DATE	

I hereby apply for membership in the TORREY PINES SKI CLUB. GENERAL RELEASE AND WAIVER - I release TPSC, its directors, officers, members and representatives from any and all claims or liability that may arise from participation in any of its activities and indemnify and hold them harmless from any claim by, or liability to, any guest of mine at club activities. I further waive my rights under California Civil Code Section 1542 which reads, "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."



TORREY PINES SKI CLUB A CALIFORNIA NON-PROFIT CORPORATION

NEWSLETTER STAFF

Editor: Barbara Shramek
Printing: Fletcher Hills Printing
Newsletter Mailing: Barbara Shramek

OFFICERS AND BOARD MEMBERS

2009-2010

President	Laura Meldrum*	858-483-7290
Vice President	Hobe Schroeder*	858-551-9651
Corporate Secretary	Fred Blecksmith*	619-233-4149
Recording Secretary	Teri Browne*	858-452-6558
Treasurer	Joe Goldhammer*	619-286-0624
Asst. Treasurer	Steward Smith*	619-282-2330
Membership	Barbara Shramek*	619-286-1250
Newsletter Editor	Barbara Shramek	619-286-1250
Meetings	Larry Benthien	619-602-0925
Meetings	Hobe Schroeder	858-551-9651
Reception	Jo Thompson	619-261-3519
Biking	Kathy Hagenbach	858-485-5506
Just For Fun	Debbie Schroeder*	858-551-9651
Bocce Ball	Tom Rothenburg	619-435-0662
Ethnic Dining	Janet Spiro	619-291-1935
Happy Hour	Janet Hanson	858-278-9581
Walks	Janet Hanson	858-278-9581
Marketing	Nance Thielen*	858-695-0269
Marketing	Mike McCutcheon	858-748-5202
SD Council	Teri Browne	858-452-6558
Racing/Web	Laura Meldrum	858-483-7290
Equipment	Joe Goldhammer	619-286-0624
Past President	Debbie Schroeder	858-551-9651

*Denotes Voting Board Member

Ski Committee: Joe Goldhammer, Fred Blecksmith, Tom Delahanty, Steward Smith

GENERAL INFORMATION CALL 619/583-8832

Organization: Torrey Pines Ski Club is a non-profit California Corporation. Membership: Annual dues of \$35 are payable in full with the application for membership. Applications are available at any time at the General Meetings of the Club. Any donations made to Torrey Pines Ski Club for raffle tickets or other fund-raising events are not tax deductible.

TRIP RULES

- RESERVATIONS.** A check for the full amount required, received by the trip captain, is a request for a reservation. The trip captain will make the initial count five days after the flyer postmark. Directors of the board and Officers will be given priority if they inform the trip captain before the initial count. If there are more checks than seats available, checks will be drawn at random until the trip is filled. The trip captain will strive to reach a 50-50 male-to-female ratio. Couples should send their checks in together and they will be drawn as a pair. All participants must sign a release before departure.
- CANCELLATIONS & REFUNDS.** In the event of your cancellation, a refund will be made only if the seat vacancy is filled or if monies are recovered by the club. There also will be a non-refundable cancellation fee for all cancellations whether or not your spot is filled as follows: \$10 for trips up to \$100; \$20 for trips \$100 - \$300; \$30 for trips above \$300. **There will be an additional \$20 charge for any returned checks.** All departure times, locations, lodging, and other travel arrangements are subject to change without notice.
- WAITING LIST.** On ski trips, those on the waiting list due to the lottery will be accorded priority seating on the trip announced in the following flyer if they inform the trip captain before reservations are confirmed, i.e., the fifth day after the mailing of that flyer.
- CHECKS.** Checks will be destroyed from those not going on that trip due to being on the waiting list.
- CONFIRMATIONS.** You **MUST** call and confirm your status with the trip captain **UNLESS** a SASE (self-addressed stamped envelope) is requested in the trip write up. You **MUST** include your work and home telephone numbers with your check.
- GUESTS.** Guests who are sponsored by a member are allowed on trips. TPSC members have 5 days priority after the newsletter announcement to sign up for a trip. After 5 days, members may sign up one guest by including an additional amount on their check as follows (unless otherwise noted): for trips under \$50, there will be either member priority or a guest fee; \$10 for trips costing \$50-\$100; \$35 (cost of membership dues) for trips costing over \$100. Guests, like members of TPSC, must be at least 21 years of age and agree to the club "General Release and Waiver."
- EVENT GUESTS:** Members and guests not on the event/trip and who join a happy hour and/or dinner will be charged \$8.00 per person per occurrence for the happy hour; \$20.00 per person per occurrence for the dinner or combo happy hour/dinner.



Torrey Pines Ski Club
P.O. Box 82087
San Diego, CA
92138-2087

Upcoming Events

- April 5 Senior Monday at the Fleet
- April 10 Walk
- April 15 Explore North County
- April 17-18 Bocce in Borrego
- April 20 Ethnic Dining
- April 22 Happy Hour
- June 10-13 Convention
- June 11 Day Bus trip to Palm Springs
- July 3 Padre Game



April 2010

FIRST CLASS

TPSC GENERAL MEETING APRIL 6, 2010



LA JOLLA MARRIOTT HOTEL - CHARACTERS BAR

4240 LA JOLLA VILLAGE DRIVE (TG 1228-C2)

6:00 PM SOCIAL

7:00 PM ANNOUNCEMENTS AND PROGRAM

"HOW CARDIOLOGY AND STENTS SAVE YOUR LIFE"

Dr. Ehtisham (Shami) Mahmud, MD, FACC, a renowned cardiologist from UCSD Medical Center, has graciously agreed to speak at our meeting and share his expertise in Interventional Cardiology which includes angioplasty and stenting for blocked arteries.

JOIN US FOR GREAT ARTERY BLOCKING HAPPY HOUR FOOD AND DRINKS

Parking Is Validated For Four Hours