

LEAR ROUND SPORTS & SOCIAL CLUB

We Live Mid-Life to the Max!

Find us on the web at www.tpscsd.org

46th ANNIVERSARY 1962-2008

President's Corner



HI EVERYONE

I'm very honored that our Board of Directors has elected me to be the President of Torrey Pines Ski Club for the 2008-2009 season. I'm also a bit nervous. I hope I can do half the job that Debbie

Schroeder has done. As you all know and have heard many times, our club is run by volunteers. Without volunteers there would be no club. So I would like to use this column to allow us to get to know some of our most active members starting with our immediate past president, Debbie Schroeder. Debbie was born and raised in Columbus, Ohio. She went to Brookhaven High School where she learned to ski as a member of her high school ski club. She tells me that after school they would drive an hour-and-a-half to a small ski area to ski on icy slopes. On graduation from high school, Debbie started college as an Education major at Ohio State University. The work

world called, so Debbie left college to begin a career as a legal secretary. Eventually the law office moved her to their Chicago office to become the HR Manager. In Chicago, Debbie was active in the Lakeshore Ski Club. While a member there, Debbie held offices as membership director and social director. She also met and married Hobe. On retirement in 1998. Debbie and Hobe decided to move to San Diego. Soon after their move, they joined us. Luckily for us, Debbie became very active in Torrey Pines. She has been Biking director, Council Rep. Vice-President, and President. Last fall we honored Debbie with our Women of the Year selection. The San Diego Council of Ski Clubs then chose Debbie from among the nominees of the San Diego ski clubs as the Women of the Year for our ski council. She will represent San Diego at the FWSA Convention in Seattle in June. Debbie and Hobe have been married 17 years and currently reside on Mount Soledad.

IT'S RENEWAL TIME!



Yes, it's that time again! **COMPLETELY FILL IN THE MEMBERSHIP APPLICATION.**

Use an address label if you wish. If you want to keep up to date on any late breaking TPSC news and events you will want to include your email address for weekly reminders. **PLEASE PRINT CLEARLY.** Please sign and

return your application today. **Include your \$35.00 check made payable to TPSC.** Mail your check/application to the address on the application. We don't want you top miss a single issue of the newsletter or any of the exciting events that are coming up this year. Thanks!

Barbara Shramek 619-286-1250 bjshramek@aol.com



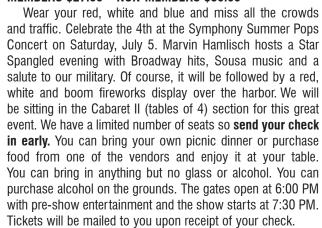
We are still seeking an Assistant Treasurer for the Club. Please contact any board member if you are interested. Many thanks to **Eileen Frame** for serving as Biking Coordinator for the last three years. Welcome to

Kathy Hagenbach, our new Biking Coordinator. Let's support the biking program by joining them on their rides!

Symphony Summer Pops MARVIN HAMLISCH EMBARCADERO MARINA PARK SATURDAY, JULY 5, 2008

SATURDAY, JULY 5, 2008 7:30 PM

MEMBERS \$27.00 NON-MEMBERS \$30.00



Send your check made payable to TPSC with a SASE to: Debbie Schroeder, 2331 Darlington Row, La Jolla CA 92037 858-551-9651

New Members

Judy Schultheis • Jerry Schultheis • Donald Harrigan

JUST FOR FUN

Senior Monday at the Reuben Fleet Science Center

BALBOA PARK MONDAY, JUNE 2, 2008 12:00-2:00 PM \$5.00 ENTRANCE FEE (FOR SENIORS ABOVE 65)



Join scientists from around the country to learn about a variety of topics as they share the latest information in a friendly and exciting environment. Come early to enjoy complimentary refreshments. Each lecture takes place in the Grayson Boehm Lecture Hall from 12:30-2:00 PM. The entrance fee of only

\$5.00 includes the lecture at 12:30 PM on *Stem Cells*. You may also enjoy all current exhibits and the 2:00 PM IMAX movie – *Journey into Amazing Caves*: Join Nancy Aulenbach and Dr. Hazel Barton as they explore unusual caves, including ice caves in Greenland and underwater caves in the jungles of Mexico.

*Programs are subject to change. Barbara Shramek 619-286-1250

Ethnic Dining

OSAKA JAPANESE RESTAURANT 4240 CAMINO DEL RIO NORTH NORTH TO SHOPPING CENTER BEHIND CHILI'S TUESDAY, JUNE 17, 2008 6:30 PM While Janet's away, Roger Zinn has graciously invited us to join him at his favorite Japanese and Sushi Restaurant. This is your chance to indulge yourself in this authentic Asian cuisine. Take the frontage road off Highway 8 at Mission Gorge Road. Please call Roger with your reservations:



Roger Zinn 619-283-2443 RogerZn@aol.com

Walk with Janet & Louise SHELTER ISLAND FRIDAY, JUNE 20, 2008 9:30 AM

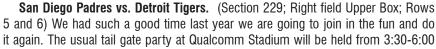


Our first walk was on Shelter Island and now we are going to repeat it. It is so beautiful to walk there so I am sure you will all be happy to go back. We will meet in the parking lot in front of the Bali Hai Restaurant. Breakfast/Lunch will follow at the Red Sails. We look forward to seeing you there and please, bring along a friend!

Janet Hanson 858-278-9581 (cell 858-336-8396) dublbunny@aol.com Louise Oliverio 858-569-9999 (cell 858-220-2336) louiseolive@sbcglobal.net

Padres Game PETCO PARK SATURDAY, JUNE 21, 2008 TAILGATE 3:30-6:00 PM \$17.00

The price has been reduced to \$17.00. Those that have already sent in their check for \$18.00 will receive a \$1.00 rebate. Tickets still available for this fun event.





PM. There were approximately 200 people from other ski clubs last year and we expect that many again. Tickets to the game are \$17.00. The game starts at 7:05 PM. We will meet at Qualcomm Stadium, Section J2-J3 in the parking lot under the trolley. Parking is free at Qualcomm Stadium. We will take the 6:00 PM trolley to Petco Park. Send your check EARLY. Make your check out to TPSC and mail to Susan O'Connell. We have a limited number of tickets. Don't forget a (SASE) Self Addressed Stamped Envelope so your tickets can be mailed to you.

Susan O'Connell 5869 Menorca Drive San Diego, CA 92124 (cell 858-205-8414)

"Tarmac To Terminal" Tour

SAN DIEGO AIRPORT MEET AT COMMUTER TERMINAL THURSDAY, JUNE 26, 2008 9:30 AM



Most people have been to the San Diego Airport (Lindbergh Field) to catch a plane or maybe just to pick-up/drop-off someone, but you have probably never been "behind the scenes". Now is your chance. Join Brad and Louise for a "Tarmac To Terminal" Tour, led by an Airport Authority representative, for what should be a very interesting and informative event.

The tour is limited to 20 people. Security measures are enforced, so each attending person will need to bring ID (driver's license) and provide the following

information to Brad/Louise by Friday, June 13th: legal name (as on driver's license), date of birth and the last four digits of your social security number.

We will meet in front of the Commuter Terminal at 9:30 AM. We will then board a VIP bus which will depart at 9:45 AM for Terminal 1 where we will start the tour. Parking will be validated and the tour is free. Breakfast/Lunch will follow the two hour tour.

Please RSVP to Brad and Louise ASAP, with your security data, in order to confirm your reservation.

Brad Davis/Louise Oliverio 858-569-9999 (cell 858-220-2336) louiseolive@sbcglobal.net

JUST FOR FUN

Beach Bunch at the Bay SUNSET POINT ON MISSION BAY THURSDAY, JUNE 26, 2008 5:00 PM



BEACH BUNCH, BEACH BUNCH, BEACH BUNCH! It's that time of year again for our Thursday evenings at Sunset Point on the Bay. (TG 1268 A3) We will meet on the second and fourth Thursday of each month. This is a 'no-host' event with the group gathering about 5:00 PM for social time and games. Everyone brings beach chair, something to share for dinner and we aim to eat at about 6:00 PM. Bring your own supplies (plates & silverware) and **BYOD**—yes 'Bring Your Own

DRINK! Since booze is no longer allowed at the beach, be creative. We stay for a nice time around the fire, so please bring firewood.

Suzanne Bradbury 619-225-0342 Larry Benthien 619-670-1949

Happy Hour BRIGANTINE RESTAURANT LA MESA 9350 FUERTE DRIVE (619-465-1935) FRIDAY, JUNE 27, 2008 Bonnie Grim gave us an idea for a new place, The Brigantine located in La Mesa (TG 1271 B1). Discount on drinks and appetizers. Seating inside and out. Early birds get the tables. Take 8 East to Severin exit toward Fuerte Dr. Turn right onto Severin Dr. it will turn into Fuerte. 9350 Fuerte Dr. 619-465-1935. We hope to see you at this new spot and bring along a friend.



Janet Hanson 858-278-9581 cell 858-336-8396 dublbunny@aol.com

Bocce Ball

4:00 - 7:00 PM

SUNSET POINT ON MISSION BAY SUNDAY, JUNE 29, 2008 2:00 PM



Join us at **Sunset Point on Mission Bay** for an informal afternoon of Bocce Ball. We will be meeting at 2:00 PM at **The Dana on Mission Bay Drive** (on Dana Landing Road...TG 1268 A3). Novice players are welcome. Bring a chair, drinks, (no alcohol) and snacks. If you have a set of Bocce Balls, please bring them also. Spectators are welcome and afterwards we will see if anyone wants to do a group dinner.

Tom Rothenburg 619-435-0662 (cell 619-990-0472)



10:00 AM

Summer Pops Concert - July 5, 2008 - article on front page

Taylor Guitars Factory 1980 GILLESPIE WAY (TG 1251 C1) EL CAJON, CA 92020 619-258-1207 WEDNESDAY, JULY 9, 2008 Join us for a private tour of the factory that produces the Taylor Guitars. This is a very high tech facility and offers a full line of guitars. Since 1974 Taylor Guitars has produced limited-edition and limited-run guitars. The company employs around 335 people and occupies a 143,000 square foot complex. They make the best guitars and in its history have grossed \$30 million. Come view how these instruments are made. Limited number spaces available. Let me know by June 25 if you plan to attend.



Barbara Shramek 619-286-1250 bjshramek@aol.com

Tower After Hours SAN DIEGO MUSEUM OF MAN BALBOA PARK (619-239-2001) THURSDAY, JULY 31, 2008 6:00 – 8:00 PM



\$20.00 REGULAR ADMISSION • \$15.00 SENIOR ADMISSION \$10.00 MUSEUM OF MAN MEMBERS

Mark your calendar for Thursday evening when the Museum of Man celebrates the country of Columbia. Experience the rich heritage by sampling regional food, drink and entertainment. Tickets may be purchased at the door.

*(FYI – Germany on Sept. 25 – Portugal on Oct. 30 – last for the year)

Barbara Shramek 619-286-1250

Twilight Concert in the Park SPRECKELS ORGAN PAVILION BALBOA PARK THURSDAY, JULY 31, 2008 6:15-7:15 PM The San Diego Banjo Band will be playing at the free Balboa Park Twilight Series Concert at the Organ Pavilion. Let's support this fun group! Look for the TPSC group somewhere in the center section.

Meet at the Prado at 4:00 PM for a pre-concert happy hour. Bring a friend
Diane Mensch 619-435-3931



Catalina Island Trip

Mark Your calendar! Catalina Island, Avalon Harbor, super fun. **OCTOBER 1-3.** All transportation provided. Beautiful hotel. Full information at next club meeting.

Janet Tremaine/John Bauer 619-297-0937 johntbauer@aol.com





San Diego Council Of Ski Clubs Ski Trips

SDCSC's annual Aspen ski trip. December 11-17, 2008. \$1,075. The trip will be six nights and 5 days to ski. Lodging will again be at the Gant which is centrally located. There will be pre- and post-trip parties as well as

happy hours. Mark these dates on your calendar as the first trip next year and look for information which will follow.

WINTER GALA: November 8 at the Marriott Courtyard in Kearney Mesa. There will be more information to follow.

COUNCIL FAMILY PICNIC: The Council Family picnic will be sponsored this year by North Island Snowdrifters. It will be held on Sunday, August 10 at Sweetwater Regional Park. The cost if \$15.00 which will include a BBQ by Bekker's. There are a few camping spots available so call Nance for details.

FAR WEST TRAVEL:

FWSA's annual ski trip will be to Big Sky, Montana. January 24-31, 2009. Cost will be \$1,350-\$1,750. The mountain is 2 times the size of Mammoth and a great cruiser. There will be an optional day trip to Yellowstone. Details are available at www.fwsa.org/. Deposits are being taken. To reserve your spot sent a \$300 deposit check, which is fully refundable until July 1, made payable to San Diego Council of Ski Clubs to:

Susan Shaffer 12384 Sardina Cove, San Diego, CA 92130

- Greek Isles Tour October 1-17, 2008. \$3250 per person but there
 is a great deal included in the price. Islands visited are Rhodes,
 Crete, Santorini and Mykonos plus a two-day tour of Athens. There
 is an optional add-on to Istanbul.
- San Juan Cruise-fall '08 or late April/May 09. Airfare to San Jose not included: \$560 inside, \$630 outside, \$760 balcony.

Go to FWSA Website for details at http://www.fwsa.org/.

If you have any questions contact your Council Rep. Nance Thielen

nthielen@ucsd.edu 858-695-0269

Flowers, Flowers, Everywhere Art Alive in Balboa Park

Friday, April 11 a small but select group from TPSC attended the Art Alive demonstration held at the Museum of Art in Balboa Park. Floral aficionados had created arrangements echoing the color



and/or design of their chosen picture. Many of us were inspired to duplicate some of the effects we saw later in our own homes.

Fun in Old Town

Friday night, April 25, TPSC members attended a Cygnet Theatre production "A Little Night Music" in their new venue in Old Town. The Sondheim musical was a bit puzzling at first but gradually became a delightful

production. Especially outstanding were the costumes, settings and especially the comic performance of Randall Dodge playing Count Carl-Magnus. The highlight of the evening was the pre-theatre dinner enjoyed on the outdoor patio of the **Living Room in Old Town**. With the good food, reasonable prices, lovely setting, and live music this spot proved a great success.

Janet Tremaine

Health and Safety

How many calories do you have to burn to lose a pound of weight?

(Answer) About 3500. Try to eat 100 fewer calories a day for 35 days, or 500 fewer calories for seven days, or walk briskly for an hour a day for 22 days. You can do a combination of two of these by eating less, and moving more. The rule is "Calories in = Calories out." If you take in more than you burn, you gain weight, (From WebMD)

Jerry Seifert



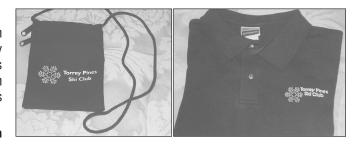
Melanie looking happy at the April Happy Hour



Neck Wallets and TPSC Golf Shirts

We have neck wallets with the Torrey Pines logo. They are black with white lettering and have two separate zippered compartments. They are light weight, waterproof and only cost \$5.00. The TP golf shirts are green with the Torrey Pines logo and are \$15.00. Call or see Tom Rothenburg at the general meetings to buy yours. Please make checks payable to TPSC.

Tom Rothenburg 619-435-0662 crothen1@san.rr.com



JUNE BIKE RIDES

THANKS TO ALL WHO HAVE HELPED ME OVER THE PAST THREE YEARS WHILE I WAS THE BIKING COORDINATOR. LET'S SUPPORT OUR NEW COORDINATOR KATHY HAGENRACH

OUR NEW COURDINA	AIUN, KAINT NAGE	INDAUH.		
DAY/TIME	LEVEL	LUNCH	WHERE TO MEET	LEADER
Sat. June 7	A 12	Golden Crown	Around Miramar Lake	Kathy Hagenbach
10:00 AM			Meet in parking lot near restrooms (TG 1209 G3)	858-485-5506
Sat. June 14	A 12	Hodad's	Bay to Beach	Eileen Frame
10:00 AM			Quivira Rd Mission Bay	858-569-0962
			front of seafood restaurant (TG	1268 A3)
Sat. June 21	A 12	Hudson Bay	Bay to Broadway	Mary Coates
10:00 AM		Seafood	Bali Hai parking lot	858-453-5376
			N Shelter Island(TG 1268 C3)	
Sat. June 28	A 12	Victor's	Bay Loop	Bob Tauber
10:00 AM			Parking lot north of	858-273-4996

Thanks to all who have helped me past three years as I was biking coordinator. Let's all support the next coordinator, Kathy Hagenbach.

Bike Coordinator: Kathy Hagenbach 858-485-5506 khagen@att.net

Visitor Ctr, Mission Bay(TG 1248 D7)

Although helmets are not usually required, they are strongly recommended for all of our bike rides. We are always looking for volunteer leaders for the A and B rides. Please call Kathy Hagenbach, coordinator, (858-485-5506) if you are interested.

Saturday A rides – mostly flat Sunday B rides – gentle hills All Star Rides . . . A and B are offered.

TG = Thomas Bros. Guide followed by coordinates. Please note in case of rain - call the bike leader listed above. Also the ride will depart 15 minutes after the meeting time.





TORREY PINES SKI CLUB

YEAR ROUND SPORTS & SOCIAL CLUB

1962-2008

P.O. Box 82087 San Diego, California 92138-2087

A California Non-Profit Corporation

INVOICE FOR 2008/2009 DUES

June 2008

Amount due to renew your membership through July 31, 2009 \$35.00

Please return your Membership Application, COMPLETELY FILLED OUT AND SIGNED along with your payment.

This is the ONLY invoice you will receive.

We Live Mid-Life to the Max!

CUT HERE	
7	



Membership Application

Membership begins upon receipt of dues and approval of application and ends July 31st. Full year dues are \$35. New members joining after April 1st pay \$15 for April-July 31st membership. For more information, call 619-583-8832.

New Membership	Renewal	

					()		
PRINT FIRST N	AME	MIDDLE INITIAL	LAS	ST NAME	AREA C	ODE	TELEPHONE: HOME	
NUMBER		STREET	UN	T NUMBER	I hereby	apply for	membership in the TORREY PINES SKI CLUB. GENERAL	
CITY STATE ZIF		STATE	ZIP		and rep	 RELEASE AND WAIVER - I release TPSC, its directors, officers, members and representatives from any and all claims or liability that may arise from 		
			any claim by, or liability to, any guest of mine at clul		y of its activities and indemnify and hold them harmless from ability to, any guest of mine at club activities. I further waive			
CELL PHONE					, ,		California Civil Code Section 1542 which reads, "A general extend to claims which the creditor does not know or suspect	
CHECK INTEREST	rs:						r at the time of executing the release, which if known by him	
() SKIING	() CAMPING	() GOLF					ally affected his settlement with the debtor."	
() BIKING	() TENNIS	() VOLUNTEER						
() OTHER								
				SIGNATURE			DATE	



TORREY PINES SKI CLUB A CALIFORNIA NON-PROFIT CORPORATION

OFFICERS AND BOARD MEMBERS Laura Meldrum*..... 858-483-7290 President Vice President Debbie Schroeder* 858-551-9651 Corporate Secretary Fred Blecksmith* 619-233-4149 Recording Secretary Susan O'Connell* 858-205-8414 Treasure Joe Goldhammer* 619-286-0624 Barbara Shramek*......... 619-286-1250 Membership Newsletter Editor Barbara Shramek.......... 619-286-1250 Melanie Traci* 858-375-7966 Co-Meetinas Co Meetings Larry Benthien 619-602-0925 Racing/Web Laura Meldrum..... 858-483-7290 Nance Thielen* 858-695-0269 SD Council Marketing Hobe Schroeder*..... 858-551-9651 Kathy Hagenbach 858-485-5506 Biking Theresa Browne............ 858-452-6558 Co-Reception Nance Thielen 858-695-0269 Co-Reception Just For Fun Debbie Schroeder 858-551-9651 Bocce Ball Tom Rothenburg 619-435-0662 Ethnic Dinina Happy Hour Janet Hanson..... 858-278-9581 Walks Louise Oliverio 858-569-9999 Equipment Joe Goldhammer 619-286-0624 Debbie Schroeder 858-551-9651 Past President * Denotes Voting Board Member

Ski Committee: Joe Goldhammer, Fred Blecksmith

GENERAL INFORMATION CALL 619/583-8832

Organization: Torrey Pines Ski Club is a non-profit California Corporation. Membership: Annual dues of \$35 are payable in full with the application for membership. Applications are available at any time at the General Meetings of the Club. Any donations made to Torrey Pines Ski Club for raffle tickets or other fund-raising events are not tax deductible.

TRIP RULES

- 1. RESERVATIONS. A check for the full amount required, received by the trip captain, is a request for a reservation. The trip captain will make the initial count five days after the flyer postmark. Directors of the board and Officers will be given priority if they inform the trip captain before the initial count. If there are more checks than seats available, checks will be drawn at random until the trip is filled. The trip captain will strive to reach a 50-50 male-to-female ratio. Couples should send their checks in together and they will be drawn as a pair. All participants must sign a release before departure.
- 2. CANCELLATIONS & REFUNDS. In the event of your cancellation, a refund will be made only if the seat vacancy is filled or if monies are recovered by the club. There also will be a non-refundable cancellation fee for all cancellations whether or not your spot is filled as follows: \$10 for trips up to \$100; \$20 for trips \$100 \$300; \$30 for trips above \$300. There will be an additional \$20 charge for any returned checks. All departure times, locations, lodging, and other travel arrangements are subject to change without notice.
- 3. WAITING LIST. On ski trips, those on the waiting list due to the lottery will be accorded priority seating on the trip announced in the following flyer if they inform the trip captain before reservations are confirmed, i.e., the fifth day after the mailing of that flyer.
- CHECKS. Checks will be destroyed from those not going on that trip due to being on the waiting list.
- 5. CONFIRMATIONS. You MUST call and confirm your status with the trip captain UNLESS a SASE (self-addressed stamped envelope) is requested in the trip write up. You MUST include your work and home telephone numbers with your check.
- 6. GUESTS. Guests who are sponsored by a member are allowed on trips. TPSC members have 5 days priority after the newsletter announcement to sign up for a trip. After 5 days, members may sign up one guest by including an additional amount on their check as follows (unless otherwise noted): for trips under \$50, there will be either member priority or a guest fee; \$10 for trips costing \$50-\$100; \$35 (cost of membership dues) for trips costing over \$100. Guests, like members of TPSC, must be at least 21 years of age and agree to the club "General Release and Waiver."
- 7. EVENT GUESTS: Members and guests not on the event/trip and who join a happy hour and/or dinner will be charged \$8.00 per person per occurrence for the happy hour; \$20.00 per person per occurrence for the dinner or combo happy hour/dinner.

SASE = (Self Addressed Stamped Envelope)

Find us on the web at www.tpscsd.org Editor's e-mail: bjshramek@aol.com Torrey Pines e-mail: torreypinesski@aol.com



TPSC General Meeting

Tuesday, June 3, 2008

Social 6:00 PM - Announcements 6:30 PM - Program 6:45 PM Come celebrate the Installation of 2008-2009

Directors and Officers Cake will be served.

Our speaker will be Ken Kramer from NBC 7/39
We will get a first hand look at what it is like to be an award winning reporter and host of the popular TV show, "About San Diego".

The Handlery Hotel in Mission Valley
950 Hotel Circle North
619-298-0511
Two Hour Parking is Validated - \$3.00 per hour after two hours
*PLEASE MARK YOUR CALENDAR FOR THE JULY 1, 2008 GENERAL MEETING AT THE BEACH



Torrey Pines Ski ClubP.O. Box 82087
San Diego, CA 92138-2087
619-583-8832

UPCOMING EVENTS-DETAILS INSIDE

June 2	Reuben Fleet Museum
June 17	Ethnic Dining
June 20	Walk with Janet and Louise
June 21	Padre Game
June 26	Airport Tour
June 26	Beach Bunch
June 27	Happy Hour
June 29	Bocce Ball
July 5	Pops Concert
July 9	Taylor Guitars Factory
July 31	Tower After Hours
July 31	SD Banjo Band

FIRST CLASS