

YEAR ROUND SPORTS & SOCIAL CLUB

We Live Mid-Life to the Max!
Find us on the web at www.tpscsd.org

47th ANNIVERSARY 1962-2009

President's Corner



Our Biking Officer, Kathy Hagenbach, grew up in Tonawanda, New York (a suburb of Buffalo) and graduated from Kenmore East High. From there she went to Ohio University in Athens, Ohio and studied French. Kathy chose to enter a graduate program in French Literature at New York University. Her coursework was done in

Paris, France. After earning her Master of Arts, Kathy taught high school French and Spanish in North Quincy, Massachusetts (a suburb of Boston). She took a sabbatical from teaching to study in Madrid, Spain- through NYU.

Kathy decided to leave teaching when she heard that the FBI was looking for language specialists. She joined the FBI in Boston and lived in New Orleans, New York City and San Diego .

Now retired, Kathy has been a TPSC member for ten years. She is starting her second year as our Biking Officer and wants everyone to know that the club bike rides are fun and not really fast or competitive.

Besides biking, Kathy plays golf and belongs to the Rancho Bernardo Country Club. She learned to ski in New Hampshire while living in New England and now skis occasionally with friends. She likes to travel.

Go on a club bike ride and get to know Kathy better.

Laura

It's Renewal Time!! Renewal Form on page 7!

YOUR LAST ISSUE FOR THIS MEMBERSHIP YEAR IS THE JULY NEWSLETTER

Yes, It is that time again **COMPLETELY FILL IN THE MEMBERSHIP APPLICATION**. Use a label if you wish. If you want to keep up to date on any late breaking TPSC news and events you will want to include your email address for weekly reminders. **RINT CLEARLY!** Please sign and return your application today. Include your \$35.00 check made payable to TPSC. Mail your

PLEASE PRINT CLEARLY! Please sign and return your application today. Include your \$35.00 check made payable to TPSC. Mail your check/application to the address on the application. We do not want you to miss a single issue of the newsletter or any of the exciting events that are coming up this year. Thanks!

Barbara Shramek 619-286-1250 bjshramek@aol.com





Those Were the Days... ...Susan's Ship Wreck party in the mountains









JUST FOR FUN

Senior Monday at the Reuben H. Fleet Science Center

1875 EL PRADO
MONDAY, JUNE 1, 2009
\$6.00 ENTRANCE FEE (FOR
SENIORS ABOVE 65)
12:30 PM LECTURE
2:00 PM FILM
619-238-1233 X 808 FOR DETAILS



Visit this wonderful museum on the quietest day of the month and receive a fabulous discount! Join scientists from around the country to learn about a variety of topics as they share the latest information. The lecture takes place in the William and Grayson-Boehm Community Forum at 12:30 PM...this month on **Anthropology** 2:00 PM IMAX film **Mysteries of Egypt.** The tickets have been

selling out and it is suggested that you purchase the lecture ticket by 11:00 AM.

* Programs are subject to change. Barbara Shramek 619-286-1250 bjshramek@aol.com

Happy Hour

HOLIDAY INN BAYSIDE 4875 HARBOR DRIVE-POINT LOMA (OFF NIMITZ BLVD.) FRIDAY, JUNE 12, 2009 4:30 – 6:30 PM We are going back to one of our good Happy Hour spots. Happy Hour prices on drinks, free appetizers and plenty of parking. Seating inside and out. There are plenty of restaurants in the area including the one on location. Come join us and bring along a friend. See you there!

Janet Hanson 858-278-9581 dublbunny@aol.com (cell 858-336-8396)



Ethnic Dining

SPICE AND RICE THAI KITCHEN 7734 GIRARD AVENUE IN LA JOLLA TUESDAY, JUNE 16, 2009 6:30 PM



Time to visit one of our favorite Thai Restaurants. They have a lovely outdoor patio with heaters where we love to dine and people watch. Join us to enjoy everyone's favorite Asian cuisine.

Reservations a must!

Janet Spiro 619-291-1935 jspiro@wwebtv.net

Beach Bunch at the Bay SUNSET POINT ON MISSION BAY THURSDAY, JUNE 18, JULY 2, JULY 16, JULY 30 5:00 PM

Beach Bunch!! It's that time of year again for our evenings at Sunset Point on the Bay. (TG 1268 A3) We will meet every other Thursday. Please note dates published in the newsletter. This is a "no-host" event with the group gathering about 5:00 PM for social times and games. Everyone bring your beach chair, something to share for dinner -- we plan to eat around 6:00 PM. Bring your own supplies (plates and silverware) and BYOD-yes "Bring Your Own Drink". Since booze is no longer allowed at the beach, be creative. We stay for a nice time around

Eileen Frame 858-569-0962 e.j.frame@sbcglobal.net

Walk with Janet SAN DIEGO RIVER WALK FRIDAY, JUNE 19, 2009 9:30 AM



the fire, so please bring firewood.

This month we will do the San Diego River Walk. We will meet in the parking lot of Mimi's Restaurant located on Mission Center Road in Mission Valley. Following the walk, for those interested, we will return to Mimi's for breakfast/lunch. Come join us and bring along a friend. We look forward to seeing you there. Rain Cancels!

Janet Hanson 858-278-9581 dublbunny@aol.com (cell 858-336-8396)

Padres Game - Padres vs. Oakland

PETCO PARK SATURDAY, JUNE 20, 2009 TAILGATE 3:30-6:00 PM GAME TIME 7:05 PM \$19.00 SEATS IN SECTIONS 129, 131 This is our annual Padres game with the big tailgate party at Qualcomm Stadium. The Padres are playing Oakland which is an American League Team. The seats are in one section lower than last year. The tailgate party is from 3:30 -6:00 PM in Section J2-J3 in the parking lot under the Trolley. Bring a dish to share and BYOB for the tailgate. There were approximately 200 people from other ski clubs at the event last year. Parking at Qualcomm is free. We will take the 6:00 PM trolley to Petco Park. The o

year. Parking at Qualcomm is free. We will take the 6:00 PM trolley to Petco Park. The game starts at 7:05 PM. This is cap night so you should receive a free ball cap based on availability. The ticket face value is \$20 but we have a group rate of \$19. This is always a good time and the tickets go quickly so send your check ASAP with a SASE to:

Debbie Schroeder 2331 Darlington Row, La Jolla, CA 92037 (cell 858-336-0887) debbieschr@aol.com

Bocce Ball LIBERTY STATION PARKING LOT AT END OF FARRAGUT ROAD SUNDAY, JUNE 28, 2009

2:00 PM



Join us for an informal afternoon of Bocce Ball at a beautiful new location. We will meet at 2:00 PM at a large grassy area at the end of Farragut Road in Liberty Station. (TG 1288 D1... Farragut Road is off Rosecrans in Point Loma) Novice players are welcome. Bring a chair, drinks, and snacks and if you have a set of bocce balls bring them along too. Spectators are

welcome and afterwards we will see if anyone would like to go for Happy Hour or Group Dinner. There are several choices of fun places to go in this area.

RAIN CANCELS ~ Tom Rothenburg 619-435-0662 (cell 619-990-0472)

JUST FOR FUN

the ocean. For further details, go on the web to liconcertsbythesea.org.

La Jolla Concerts by the Sea **SUNDAY, JULY 12, 2009** 2:00 - 4:00 PM FREE

Free concert at La Jolla Cove. Relax or dance to the big band/swing music of Big Time Operator, led by singer Warren Lovell. This high energy group has won numerous awards playing swing classics. Latin arrangements and their own compositions. Bring your beach chair (regular or low-back) and look for Rosalyn - center-left of stage near the ocean. Hot dogs, ice cream and sodas are available for purchase, or bring your own snacks. Parking is usually available near the La Jolla Art Museum, 700 Prospect Street (at Draper). A short walk down the hill on Eads Ave., (just north of the museum) will take you to



Rosalyn Smyth

San Diego Symphony **Pops Concert Burt Bacharach SUNDAY, AUGUST 16** 7:30 PM MEMBERS - \$27.00 NON-**MEMBERS - \$32.00**



We are very excited about our annual outing to the Summer Pops! We will be entertained by one of the most accomplished songwriters in America - Burt Bacharach. His list of hit songs are too many to list but just a few are Raindrops Keep Falling on My Head. The Look of Love. I Say a Little Prayer and so many more. This will be a night to remember and there will be fireworks after the show. We have a limited number of seats

in the Cabaret II (tables of 4). You can bring your own picnic dinner or purchase food from one of the vendors and enjoy it at your table. You can bring in anything except glass or alcohol. They serve alcohol on the grounds. The gates open at 6:00 PM with pre-show entertainment. The show starts at 7:30 PM.

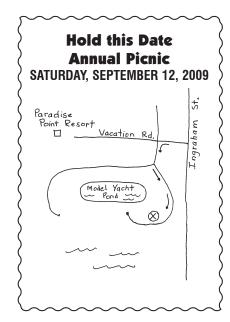
> Send your check made out to TPSC early with a SASE to: Debbie Schroeder, 2331 Darlington Row, La Jolla, CA 92037 858-551-9651 (cell 858-336-0887)

Twilight in the Park **BALBOA PARK ORGAN PAVILION** THE SAN DIEGO BANJO BAND THURSDAY, AUGUST 20, 2009 6:15 PM

The San Diego Banjo Band (mostly banjos--but also cornet, trombone, guitar, fiddle) will play at the Balboa Park Organ Pavilion on Thursday, August 20 at 6:15 PM. This is part of the Summer Twilight Series. Meet beforehand at the Prado Bar/ Restaurant at 4:30 PM and then we will all go to the Organ Pavilion about 5:35 PM or 5:45 PM for the concert. Last year we had a great turnout. Bring along a friend.



Diane Mensch 619-435-3931 dpierreuse@aol.com

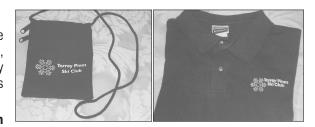




Neck Wallets and TPSC Golf Shirts

We have neck wallets with the Torrey Pines logo. They are black with white lettering and have two separate zippered compartments. They are light weight, waterproof and only cost \$5.00. The TP golf shirts are green with the Torrey Pines logo and are \$15.00. Call or see Tom Rothenburg at the general meetings to buy yours. Please make checks payable to TPSC.

Tom Rothenburg 619-435-0662 crothen1@san.rr.com



JUNE BIKE RIDES

DAY/TIME Sat. June 6 10:00 AM	LEVEL A 12	LUNCH Golden Crown	WHERE TO MEET Around Miramar Lake Meet in parking lot near restrooms (TG 1209 G3)	LEADER Kathy Hagenbach 858-485-5506
Sat. June 13 10:00 AM	A 12	Hudson Bay Seafood	Bay to Broadway Bali Hai parking lot N Shelter Island (TG 1268 C3)	Mary Coates 858-453-5376
Sat. June 20 10:00 AM	A 12	Hodad's	Bay to Beach Quivira Rd Mission Bay front of seafood restaurant (TG 1268 A3)	Eileen Frame 858-569-0962
Sat. June 27 10:00 AM	A 12	Victor's	Bay Loop Parking lot north of Visitor Ctr, Mission Bay	Bob Tauber 858-273-4996

Bike Coordinator: Kathy Hagenbach 858-485-5506 khagen@att.net

Although helmets are not usually required, they are strongly recommended for all of our bike rides. We are always looking for volunteer leaders for the A and B rides. Please call Kathy Hagenbach, coordinator, (858-485-5506) if you are interested.

(TG 1248 D7)

• SATURDAY A RIDES - MOSTLY FLAT • SUNDAY B RIDES - GENTLE HILLS • ALL STAR RIDES A AND B ARE OFFERED.

TG = Thomas Bros. Guide followed by coordinates. Please note in case of rain - call the bike leader listed above. Also the ride will depart 15 minutes after the meeting time.

Cinco De Mayo







Elaine Wins Most Festive!



San Diego Council Of Ski Club

FAR WEST SKI ASSOCIATION
77TH ANNUAL CONVENTION
PEPPERMILL RESORT AND CASINO
RENO, NEVADA
THURSDAY THRU SUNDAY, JUNE 4-7, 2009
ROOMS ARE ONLY \$125/NIGHT.
TRANSPORTATION AND LODGING IS ON YOUR OWN.

For the second year in a row Torrey Pines' Woman of the Year is representing the San Diego Council of Ski Clubs at the Far West Convention. Rusty Etzel will be competing against the Women of the Year from the other ski councils. The winner will be announced at the Convention Awards Banquet.

The convention starts with an event on Thursday night at the National Automobile Museum for \$65. On Friday, besides the Michael German Memorial Golf Tournament (\$110), there's Kayaking (\$64), a Virginia City Tour (\$66), a Lake Tahoe Lunch Cruise (\$80), and a Pool Party (Free).

The Silent Auction and Dance is on Friday night. On Saturday there are meetings and that evening there is the Awards Banquet and Dance. Sunday starts with the Eye Opener Party. There are more meetings until the Convention adjourns on Sunday afternoon.

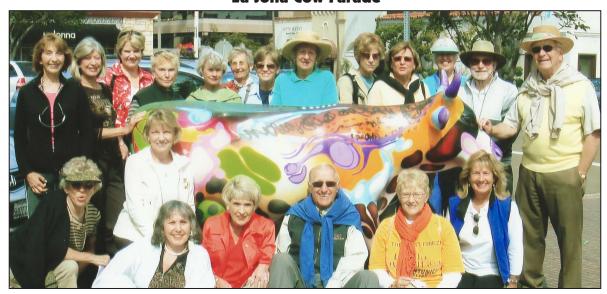
If you would like to join the Torrey Pines contingent, contact Debbie Schroeder. Call the Peppermill at 800-282-2444 – mention Group Code: AFWSA09 to reserve a room. Make your travel arrangements and determine what events you would like to attend. Go to http://www.fwsa.org/hidden/689570- and register. If you would like to go to the banquet on Saturday it is \$75 or be a full convention delegate for \$145 which includes the banquet and three other meals.

Debbie Schroeder 858-551-9651 debbieschr@aol.com

Beckman Research Center



La Jolla Cow Parade





TORREY PINES SKI CLUB A CALIFORNIA NON-PROFIT CORPORATION

GENERAL INFORMATION

Organization: Torrey Pines Ski Club is a non-profit California Corporation. Membership: Annual dues of \$35 are payable in full with the application for membership. Applications are available at any time at the General Meetings of the Club. Any donations made to Torrey Pines Ski Club for raffle tickets or other fund-raising events are not tax deductible.

OFFICERS AND BOARD MEMBERS 2009-2010

President	Laura Meldrum* 858-483-7290
Vice President	Hobe Schroeder* 858-551-9651
Corporate Secretary	Fred Blecksmith* 619-233-4149
Recording Secretary	Teri Browne* 858-452-6558
Treasurer	Joe Goldhammer* 619-286-0624
Asst. Treasurer	Steward Smith 619-282-2330
Membership	Barbara Shramek* 619-286-1250
Newsletter Editor	Barbara Shramek 619-286-1250
Meetings	Larry Benthien* 619-602-0925
Meetings	Hobe Schroeder 858-551-9651
Reception	Jo Thompson 619-261-3519
Biking	Kathy Hagenbach 858-485-5506
Just For Fun	Debbie Schroeder* 858-551-9651
Bocce Ball	Tom Rothenburg 619-435-0662
Ethnic Dining	Janet Spiro 619-291-1935
Happy Hour	Janet Hanson 858-278-9581
Walks	Janet Hanson 858-278-9581
Marketing	Nance Thielen* 858-695-0269
Marketing	Mike McCutcheon 858-748-5202
SD Council	Debbie Schroeder 858-551-9651
Racing/Web	Laura Meldrum 858-483-7290
Equipment	Joe Goldhammer 619-286-0624
Past President	Debbie Schroeder 858-551-9651

* Denotes Voting Board Member

Ski Committee: Joe Goldhammer, Fred Blecksmith, Tom Delahanty

TRIP RULES

- 1. RESERVATIONS. A check for the full amount required, received by the trip captain, is a request for a reservation. The trip captain will make the initial count five days after the flyer postmark. Directors of the board and Officers will be given priority if they inform the trip captain before the initial count. If there are more checks than seats available, checks will be drawn at random until the trip is filled. The trip captain will strive to reach a 50-50 male-to-female ratio. Couples should send their checks in together and they will be drawn as a pair. All participants must sign a release before departure.
- 2. CANCELLATIONS & REFUNDS. In the event of your cancellation, a refund will be made only if the seat vacancy is filled or if monies are recovered by the club. There also will be a non-refundable cancellation fee for all cancellations whether or not your spot is filled as follows: \$10 for trips up to \$100; \$20 for trips \$100 \$300; \$30 for trips above \$300. There will be an additional \$20 charge for any returned checks. All departure times, locations, lodging, and other travel arrangements are subject to change without notice.
- 3. WAITING LIST. On ski trips, those on the waiting list due to the lottery will be accorded priority seating on the trip announced in the following flyer if they inform the trip captain before reservations are confirmed, i.e., the fifth day after the mailing of that flyer.
- **4. CHECKS.** Checks will be destroyed from those not going on that trip due to being on the waiting list.
- 5. CONFIRMATIONS. You MUST call and confirm your status with the trip captain UNLESS a SASE (self-addressed stamped envelope) is requested in the trip write up. You MUST include your work and home telephone numbers with your check.
- 6. GUESTS. Guests who are sponsored by a member are allowed on trips. TPSC members have 5 days priority after the newsletter announcement to sign up for a trip. After 5 days, members may sign up one guest by including an additional amount on their check as follows (unless otherwise noted): for trips under \$50, there will be either member priority or a guest fee; \$10 for trips costing \$50-\$100; \$35 (cost of membership dues) for trips costing over \$100. Guests, like members of TPSC, must be at least 21 years of age and agree to the club "General Release and Waiver."
- 7. EVENT GUESTS: Members and guests not on the event/trip and who join a happy hour and/or dinner will be charged \$8.00 per person per occurrence for the happy hour; \$20.00 per person per occurrence for the dinner or combo happy hour/dinner.

Renewal form on page 7

It's Renewal Time!!

Your last issue for this membership year is the July Newsletter

Yes, It is that time again **COMPLETELY FILL IN THE MEMBERSHIP APPLICATION**. Use a label if you wish. If you want to keep up to date on any late breaking TPSC news and events you will want to include your email address for weekly reminders. **PLEASE PRINT CLEARLY!** Please sign and return your application today. Include your \$35.00 check made payable to TPSC. Mail your check/application to the address on the application. We do not want you to miss a single issue of the newsletter or any of the exciting events that are coming up this year. Thanks!

Barbara Shramek 619-286-1250 bjshramek@aol.com

SASE = (Self Addressed Stamped Envelope)

Find us on the web at www.tpscsd.org Editor's e-mail: bjshramek@aol.com Torrey Pines e-mail: torreypinesski@aol.com



TORREY PINES SKI CLUB

YEAR ROUND SPORTS & SOCIAL CLUB

1962-2009

P.O. Box 82087 San Diego, California 92138-2087

A California Non-Profit Corporation

INVOICE FOR 2009/2010 DUES

June 2009

Amount due to renew your membership through July 31, 2010 \$35.00

Please return your Membership Application, COMPLETELY FILLED OUT AND SIGNED along with your payment.

This is the ONLY invoice you will receive.

We Live Mid-Life to the Max!



<u>Cut here</u>

Torrey Pines Ski Club

A California Non-Profit Corporation

Sign this application, with your dues check, to Torrey Pines Ski Club, P.O. Box 82087, San Diego, CA 92138

Membership Application Membership begins upon receipt of dues and approval of

Membership begins upon receipt of dues and approval of application and ends July 31st. Full year dues are \$35. New members joining after April 1st pay \$15 for April-July 31st membership. For more information, call 619-583-8832.

New Membership		Renewal	
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						()	
PRINT FIRST N	NAME	MIDDLE INITIAL		LAST NAME		AREA CODE	TELEPHONE: HOME
NUMBER		STREET		UNIT NUMBER	I	, , , ,	membership in the TORREY PINES SKI CLUB. GENERAL
CITY		STATE	and representatives from any		VAIVER-I release TPSC, its directors, officers, members ives from any and all claims or liability that may arise		
E-MAIL						harmless from a	n in any of its activities and indemnify and hold them iny claim by, or liability to, any guest of mine at club
CELL PHONE							er waive my rights under California Civil Code Section ls, "A general release does not extend to claims which
CHECK INTERES	STS:						s not know or suspect to exist in his favor at the time
() SKIING	() GOLF						release, which if known by him must have materially
() BIKING	() TENNIS	() VOLUNTEER				affected his settle	ement with the debtor."
() OTHER			_				
				5	SIGNATURE		DATE



AMY JAK, PHD.,

TPSC General Meeting

TUESDAY, JUNE 2, 2009

AMY JAK, PHD., FROM THE UCSD DEPARTMENT OF PSYCHIATRY WILL SPEAK ON AGING, EXERCISE, WAYS TO IMPROVE COGNITION AND DIET. HER SPEECH IS TITLED, "THE IMPACT OF EXERCISE ON AGING AND COGNITIVE FUNCTIONING".

LA JOLLA MARRIOTT HOTEL

CHARACTERS BAR

4240 La Jolla Village Drive (TG 1228 C2)

6:00 PM Social

7:00 PM Announcements

Parking is validated

Come Early and Stay Late!



Torrey Pines Ski Club P.O. Box 82087 San Diego, CA 92138-2087

UPCOMING EVENTS-DETAILS INSIDE

Membership Renewal Time! See inside back cover

June 1	Senior Monday-Fleet Museum
June 12	Happy Hour
June 16	Ethnic Dining
June 18	Beach Bunch
June 19	Walk with Janet
June 20	Padre Game
June 28	Bocce Ball
July 2	Beach Bunch
July 12	Concert by the Sea
July 16	Beach Bunch
July 30	Beach Bunch
August 16	Pops Concert
August 20	Twilight in the Park
Sept. 12	Annual Picnic

FIRST CLASS